

# LABA Team Class Requirements

*required Academy classes are in grey, with additional required classes for Team in red*

**TINY TEAM (GR 1 - GR 2):** *minimum 4 classes per week*

- (2) RAD Classical Ballet
- (1) Jazz or Contemporary
- (1) Jazz Progressions

**JUNIOR TEAM (GR 3 - GR 5):** *minimum 5 classes per week (6 classes per week for Grade 5)*

- (2) RAD Classical Ballet
- (1) Open Classical
- (1) RAD Pre-pointe (required for Grade 5 only; recommended for Grade 4)
- (1) Jazz
- (1) Jazz Progressions or Contemporary

**SENIOR TEAM (IF+):** *minimum 8 classes per week*

- (2) RAD Classical Ballet
- (1) Open Classical
- (2) RAD Pointe Class
- (1) Jazz
- (1) Jazz Progressions
- (1) Contemporary OR Conditioning

**YBT II (INT+):** *minimum 9 classes per week*

- (2) RAD Classical Ballet
- (2) RAD Pointe Class
- (1) Open Classical
- (1) Jazz OR Contemporary
- (1) Conditioning
- (1) additional Jazz OR Contemporary
- (1) additional Open Classical OR Conditioning OR Reformer

**YBT (Adv 1+):** *minimum 9 classes per week*

- (2) RAD Classical Ballet
- (2) RAD Pointe Class
- (1) Open Classical
- (1) Pointe
- (1) Jazz OR Contemporary
- (1) Conditioning
- (1) additional Jazz OR Contemporary OR Conditioning
- (1) Discovery Rep (optional)

**\*All soloists for Senior Team and above must sign up for private or shared reformer lessons. Please contact the front desk for more information.**